

Humpty Dumpty

A Metaphysical Interpretation



Humpty Dumpty had very low self-esteem.

So, he hid behind his ‘false self’
which is not the truth of who he is.

He told so many little lies and big fibs

that they piled up

and turned into a big mound (wall)

of fibs and lies.

One day Humpty Dumpty told a whopper of a lie.

When people found out it was a lie

everyone looked down on him

and Humpty Dumpty fell from grace.

All of the excuses (king’s horses)

And fibs (king’s men) he used to cover his lies

kept him from expressing his True Self.